

2018-2019

GPS GLENBARD PARENT SERIES

Navigating Healthy Families



The GPS mission is to facilitate real-world parenting skills that enhance our teens' social and emotional development, encourage responsible decision-making, and promote respect-based relationships. Programs are free and open to the public.



Join parents with children of all ages and professionals to learn about issues facing today's youth.

Dr. David Larson, Superintendent
Gilda Ross, Student and Community Projects Coordinator



CALENDAR OF EVENTS

Tim O'Brien

Dr. Michael Duggan

Dr. Tina Payne Bryson

Dr. John Medina

Dana Suskind, M.D.

AUGUST 2018

Back to School Parent and Athlete Night

MONDAY, AUG. 13

Ray McElroy
A Game Plan for High School Victory
6 p.m., Glenbard North
6 p.m., Glenbard East
6:45 p.m., Ray McElroy presentation begins at Glenbard East

TUESDAY, AUG. 14

Doug Petit
One Father's Story
6 p.m., Glenbard South
6:30 p.m., Glenbard West

GPS Community Read

WEDNESDAY, AUG. 22

Tim O'Brien, author
The Things They Carried
7 p.m., Glenbard West

SEPTEMBER 2018

TUESDAY, SEPT. 11

Dr. Michael Duggan
First Class Support for Students on the Autism Spectrum
7 p.m., Glenbard South

SATURDAY, SEPT. 15

Frank Palmasani
Conquering the Challenges of College Costs
10:30 a.m., Glenbard West

Kiril Spasovski, *Glenbard South Alum*
The Early Grad Club: Ways to Complete College Quickly
11:30 a.m., Glenbard West

TUESDAY, SEPT. 25

Dr. Tina Payne Bryson
Cultivating Curiosity, Independence and Resilience in your Teen
7 p.m., Glenbard South

WEDNESDAY, SEPT. 26

Dr. Tina Payne Bryson
***The Whole Brain Child**
9:30 a.m., Marquardt Administration Center
Cultivating Curiosity, Independence and Resilience in your Teen
Noon, Marquardt Administration Center

OCTOBER 2018

MONDAY, OCT. 1

FAFSA Completion Assistance
6 p.m., Glenbard North Computer Lab
Patrick Donohue
Five Things Successful Students Do
7 p.m., Glenbard North

SATURDAY, OCT. 13

Effie Rouse, Dr. Jeff Feucht and Dr. Ryan Goble
The SAT and Beyond
10:30 a.m., Glenbard East

FAFSA Completion Assistance
10:30 a.m., Glenbard East

WEDNESDAY, OCT. 17

Heath Expo
6:15 p.m., Glenbard North
Dr. John Medina
Surprising Brain Principles to Thrive and Survive at Work, School and Home
7 p.m., Glenbard North
A community conversation will follow this discussion

NOVEMBER 2018

TUESDAY, NOV. 13

Dana Suskind, M.D.
***Thirty Million Words: Building a Child's Brain**
7 p.m., Glen Ellyn Public Library

WEDNESDAY, NOV. 14

Ned Johnson and Dr. William Stixrud
Self-Driven: The Science of Giving Your Kids More Confidence, Purpose and Control
Noon, Marquardt Administration Center
7 p.m., Glenbard West

Connect

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-  [D87_GPS](#)
-  [Glenbard Parent Series](#)
-  [Glenbardparents.blogspot.com](#)



Ned Johnson Dr. William Stixrud Dr. Pete Hall Rachel Simmons Katherine Reynolds Lewis Manny Scott Jessica Minahan Katie Hurley Dr. Art Markman Dr. Jill Walsh

DECEMBER 2018

WEDNESDAY, DEC. 5

Dr. Pete Hall
Self-Care to Foster Resilience in Yourself and Others
 7 p.m., Glenbard East

TUESDAY, DEC. 11

Todd Fink, *Linden Oaks Behavioral Health*
Generation Worry: Managing Stress through Mindfulness
 Noon, CCSD93 Administration Center

JANUARY 2019

TUESDAY, JAN. 15

Jodi Norgaard, *Founder of Dream Big Toy Company*
Persistence, Passion, Grit: Finding your Unique Talent
 Noon, CCSD93 Administration Center

TUESDAY, JAN. 29

Rachel Simmons
Enough as They Are: Helping Teens Move Beyond the Impossible Standards of Success
 7 p.m., College of DuPage, McAninch Arts Center

WEDNESDAY, JAN. 30

Rachel Simmons
Enough as They Are: Helping Teens Move Beyond the Impossible Standards of Success
 Noon, Marquardt Administration Center

FEBRUARY 2019

FRIDAY, FEB. 8

Dr. Jason Washburn, *Amita Behavioral Health*
Beyond the Blues: Understanding Youth Depression
 Noon, CCSD93 Administration Center

TUESDAY, FEB. 12

A Day with Katherine Reynolds Lewis
***The Good News About Bad Behavior**
 9:30 a.m., Marquardt Administration Center
Why Won't Kids Do What You Want?
 7 p.m., Glenbard West

WEDNESDAY, FEB. 20

Manny Scott
Even On Your Worst Day You Can be Someone's Best Hope
 7 p.m., Glenbard East
A community conversation will follow this discussion

THURSDAY, FEB. 28

Jessica Minahan
Stop Shouting and Start Understanding Children Who Challenge Us
 7 p.m., Glenbard South

MARCH 2019

WEDNESDAY, MARCH 13

A Day with Katie Hurley
***Joyful Children; Peaceful Families**
 9:30 a.m., Marquardt Administration Center
The Happy Kid Handbook: Joyful Teens in Stressful Times
 Noon, Marquardt Administration Center
 7 p.m., Glenbard North

APRIL 2019

THURSDAY, APRIL 4

High Society: Community Conversation on Drug Abuse and What to Do About It
 Distinguished Panel:
 Robert Berlin, *DuPage County State's Attorney*
 Matt Quinn, *Rosecrance Treatment Center*
 Tim Ryan, *Former Addict turned Hope Dealer*
 Dr. Aaron Weiner, *Director of Addictions, Linden Oaks Behavioral Health*
 7 p.m., Glenbard East

WEDNESDAY, APRIL 17

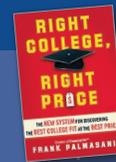
Dr. Art Markman
The Brain Science and Problem Solving Strategies to Handle High Stakes Testing
 7 p.m., Glenbard South

MAY 2019

THURSDAY, MAY 2

Dr. Jill Walsh
The Good, the Bad and the Confusing: Today's Teen Social Media Landscape
 7 p.m., Glenbard South

* For parents of children ages 3 to 7



Doug Petit

Dr. Lourdes Ferrer

Ray McElroy

Dr. Ferney Ramirez

Saraliz Jimenez

Dr. Peter James

Jodi Norgaard

Frank Palmasani

Valarie Humphrey

Robert Berlin

FUSE: Families United in Support of Equity and Excellence for African-American Students

Co-sponsored by the DuPage County Branch NAACP

SATURDAY, SEPT. 8

Dr. Peter James

The High Performer in You: Academic Recognition Event

11:30 a.m., Glenbard South

THURSDAY, DEC. 6

Dr. Raquel Wilson, *Equity Coordinator* and Distinguished Panel
Hosted by Equity Student Achievement Committee

Find Your Future at College Night

6 p.m., Marquardt Administration Center

SATURDAY, MARCH 16

Valarie Humphrey

Own Your Own Future: Leadership Recognition Event

11:30 a.m., Glenbard West

B-PAC/GPS Programs in Spanish

THURSDAY, AUG. 23

Susanna Melon, B-PAC Coordinator

The Technology and Training to Help Your Child Thrive

6 p.m., Glenbard North

THURSDAY, SEPT. 13

Ercilia Jonas and Dr. Ferney Ramirez

Making College Possible Step-by-Step

6 p.m., Glenbard North

MONDAY, OCT. 1

Ercilia Jonas

The Challenge of College Costs and FAFSA Completion

6 p.m., Glenbard North

THURSDAY, OCT. 18

Dr. Ferney Ramirez

Strategies for Successful Students

6 p.m., Glenbard North

THURSDAY, NOV. 15

Dr. Lourdes Ferrer

Grooming for Excellence Academy

6 p.m., Glenbard North

THURSDAY, DEC. 6

Dr. Raquel Wilson and Distinguished Panel
Hosted by Equity Student Achievement Committee

Find Your Future at College Night

6 p.m., Marquardt Administration Center

THURSDAY, DEC. 13

Dr. Ferney Ramirez

Resources to Achieve

Holiday Gathering

6 p.m., Glenbard North

THURSDAY, FEB. 21

Saraliz Jimenez, *Manager, Latino Outreach Center* at College of DuPage

Dr. Ferney Ramirez

Prioritizing for Your Child's Success

6 p.m., Glenbard North

THURSDAY, MARCH 21

Dr. Ferney Ramirez

Raising Resilient and Confident Children and Teens

Student and Parent Workshop

6 p.m., Glenbard North

Program Location Addresses:

Glenbard North: 990 Kuhn Road, Carol Stream, IL 60188

Glenbard South: 23W200 Butterfield Road, Glen Ellyn, IL 60137

Glenbard East: 1014 S. Main St., Lombard, IL 60148

Glenbard West: 670 Crescent Blvd., Glen Ellyn, IL 60137

CCSD District #93 Administration Center: 230 Covington Drive, Bloomingdale, IL 60108

College of DuPage, McAninch Arts Center: 425 Fawell Blvd., Glen Ellyn, IL 60137

District #15 Marquardt Administration Center: 1860 Glen Ellyn Road,

Glendale Heights, IL 60139

Glen Ellyn Public Library: 400 Duane Street, Glen Ellyn, IL 60137

For questions, contact Gilda Ross at (630) 469-9100 or gilda_ross@glenbard.org.

Please visit glenbardgps.org for more information about all GPS programming, videos, schedule updates and parent resources.



Glenbard Township High School District 87